

Please Print

Candidate \_\_\_\_\_

Date \_\_\_\_\_

CIC/CLI \_\_\_\_\_

Agency/Sponsor \_\_\_\_\_

Place "✓" if completed – Leave blank if not completed

**Spinal Motion Restriction – Seated Position**

✓

**Comments**

Directs assistant to place/maintain head in the neutral in-line position		
Assesses motor, sensory and circulatory function in each extremity		
Applies appropriately sized extrication collar		
Determines if Spinal Motion Restriction is required		
Determines if patient is able to be "assisted" to long board or stretcher		
A. Patient able to assist in moving to supine position		
Patient instructed on procedure		
Assistant(s) are instructed on procedure		
Patient moved to long backboard in supine position		
Patient removed from long backboard and placed on ambulance stretcher		
Spinal Motion Restriction maintained		
B. Patient unable to be assist in moving to the supine position		
Patient instructed on procedure		
Assistant(s) are instructed on procedure		
Patient properly positioned to a short board device		
Patient properly secured to short board device		
Patient moved to long backboard in supine position		
Short board device un-buckled/loosened and removed if possible		
Patient removed from long backboard and placed on ambulance stretcher		
Spinal Motion Restriction maintained		
Assesses motor, sensory and circulatory function in each extremity		
Patient appropriately secured to ambulance stretcher		
Transferring patient to hospital stretcher		
Assures adequate staffing prior to transfer		
Patient instructed on procedure		
Assistant(s) instructed on procedure		
Assures ambulance stretcher is equal to or 1 inch higher than hospital stretcher		
Assures all assistants are using the same sheet to slide patient		
Assures all assistants have tightened the slide sheet so there is no excess sheet under the patient		
Assures all assistants are ready for the transfer		
Assistant maintaining head stabilization counts, "1, 2, 3" and moves on "3"		
Patient moved as a "single unit"		
Spinal Motion Restriction is maintained throughout transfer		

**COMMENTS:**

## Spinal Motion Restriction – Supine Position



## Comments

*This station will utilize a scoop type stretcher. Since the utilization of a logroll technique on to a long backboard has not changed, that is not a required objective of this station, but should be practiced.*

Directs assistant to place/maintain head in the neutral in-line position		
Assesses motor, sensory and circulatory function in each extremity		
Applies appropriately sized extrication collar		
Determines if Spinal Motion Restriction is required		
Appropriately sets up and positions scoop stretcher		
Patient instructed on procedure		
Assistant(s) are instructed on procedure		
Patient appropriately secured to scoop stretcher		
Patient appropriately lifted and scoop stretcher placed on ambulance stretcher		
Scoop stretcher removed from patient and is supine on ambulance stretcher		
Spinal Motion Restriction maintained		
Assesses motor, sensory and circulatory function in each extremity		
Patient appropriately secured to ambulance stretcher		
Transferring patient to hospital stretcher		
Assures adequate staffing prior to transfer		
Patient instructed on procedure		
Assistant(s) instructed on procedure		
Assures ambulance stretcher is equal to or 1 inch higher than hospital stretcher		
Assures all assistants are using the same sheet to slide patient		
Assures all assistants have tightened the slide sheet so there is no excess sheet under the patient		
Assures all assistants are ready for the transfer		
Assistant maintaining head stabilization counts, "1, 2, 3" and moves on "3"		
Patient moved as a "single unit"		
Spinal Motion Restriction is maintained throughout transfer		

### COMMENTS:

## Spinal Motion Restriction – Standing Position

✓

## Comments

Directs patient to keep head and neck in the neutral in-line position		
Assesses motor, sensory and circulatory function in each extremity		
Applies appropriately sized extrication collar		
Determines if Spinal Motion Restriction is required		
Patient instructed on procedure		
Assistant(s) are instructed on procedure – if assistant's are used		
Patient sits down on ambulance stretcher and placed in supine position		
Spinal Motion Restriction maintained		
Assesses motor, sensory and circulatory function in each extremity		
Patient appropriately secured to ambulance stretcher		
Transferring patient to hospital stretcher		
Assures adequate staffing prior to transfer		
Patient instructed on procedure		
Assistant(s) instructed on procedure		
Assures ambulance stretcher is equal to or 1 inch higher than hospital stretcher		
Assures all assistants are using the same sheet to slide patient		
Assures all assistants have tightened the slide sheet so there is no excess sheet under the patient		
Assures all assistants are ready for the transfer		
Assistant maintaining head stabilization counts, "1, 2, 3" and moves on "3"		
Patient moved as a "single unit"		
Spinal Motion Restriction is maintained throughout transfer		

**COMMENTS:**

Candidate \_\_\_\_\_  
Signature

CIC/CLI \_\_\_\_\_  
Signature

CIC/CLI # \_\_\_\_\_